Home Canteen Price List

Try using a 'canteen' system at home:

How it works is this, write down the actual cost of the snack food. Each child has a daily 'junk food' allowance of $1 to buy junk food for with.

For example, if you buy a bulk (20 packets) packet of chips (or snack bars), calculate the cost of each packet (which might be 25c each) and charge that against each childs “allowance” this way the kids will appreciate more the cost of the food they are eating, and will understand more when those “junk” things cant be afforded.

item	cost